

Roll No.

Total Pages : 3

1792/M

M-36/2051

**CLINICAL NUTRITION AND DIET
COUNSELING**

Paper-II

Semester-IV

Time allowed : 3 Hours] [Maximum Marks : 54

Note: Attempt five questions selecting two questions each from sections A and B carrying 8 marks each. Section C consisting of 11 short answer type questions carrying 2 marks each.

SECTION-A

1. Briefly explain about important factors in patient care and role of comprehensive care services for physically handicapped patients. 8
2. Discuss the effect of food in drug absorption and metabolism. 8

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3. How does drug alter the nutrient absorption and excretion? Explain. 8
4. Discuss role of functional foods in different diseases. 8

SECTION-B

5. Explain the different methods of carrying out nutritional assessment and explain any two methods in details. 8
6. Discuss causes, symptoms, nutrition therapy and counseling in Anorexia Nervosa. 8
7. Explain the etiology, symptoms and dietary counseling for food allergy. 8
8. What are the metabolic effects of cancer? Explain the nutritional management and counseling of a cancer patient. 8

SECTION-C

9. Briefly explain the following :
(i) Code of ethics for a health care professional.

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- (ii) Effect of drugs on nutrient metabolism.
- (iii) Effect of food on drug excretion.
- (iv) Role of antioxidants in health and disease.
- (v) Importance of taking Diet history during assessment of Nutritional status.
- (vi) Steps of counseling process.
- (vii) Characteristics of Eating disorders.
- (viii) treatment of food allergy.
- (ix) Risk factors for cancer.
- (x) Nutrition care plan.
- (xi) Team approach to nutritional care.

11×2 = 22